

8 Key Reasons for Sharing Books with Your Child

The importance of reading cannot be emphasised enough in young children, and parents need to make every day reading a high priority.



1. **Reading to young children sets them up to succeed:** The more you read to your children, the more knowledge they absorb. It gives them a head start and helps to prepare them for school later down the line. Children who enjoy reading not only do better in language and literacy subjects, but in all of the different subjects as well.

2. **Reading is important to develop language skills and support social interactions:** While you may speak with your children every day, the vocabulary you use is often limited and repetitive. Reading books ensures that your child is exposed to vocabulary on different topics. The more words they know, the better. For children who speak more than one language, reading is an easy way to help their language skills and is important to develop their fluency. It also helps them make sense of the world around them and supports the development of social skills.

3. **Exposure to reading exercises your child's brain:** Reading to young children affects their brain activity and may just give them that boost they need to support and promote their early reading skills.

4. **Reading enhances a child's concentration:** By consistently reading to your child every day, your child will learn to concentrate and sit still for longer periods of time, which can help later on when they go to school.

5. **Reading together encourages a thirst for knowledge:** Reading to your children leads to questions about the book and the information within. It gives you a chance to speak about what is happening and use this as a learning experience.

6. **Reading develops a child's imagination and creativity:** One of the great benefits of reading with children is watching their growing imagination. When we really engage in a book we imagine what the characters are doing. We imagine the setting as reality. Seeing the excitement on a child's eyes when they know what is going to be on the next page, or having them guess what is going to happen is one of the most amazing things to experience.

7. **Books are a form of entertainment:** With so much technology these days, it is difficult not to get caught up in all the hype of TV, Video games, smart phones and apps. However, reading a good book can be just as entertaining. With all of the negative effects of screen time, choosing a book that interests your child is definitely a better option.

8. **Reading together helps to create a bond:** There's nothing better than cuddling up to your little one and reading a book or a bedtime story together. Spending time with one another, reading, and talking, can bring parents closer to your children.

