

Gross Motor Skills

I can sit on chairs safely and independently.

I can walk up and down stairs holding onto a handrail.

I can walk confidently.

I can begin to show confidence in using the gym equipment i.e., choosing your own way to get across the bench and getting down with adult support.

I can drink from a cup independently.

I can pour water from a jug with some adult support.

Fine Motor Skills

I can explore malleable materials, using hands to grip, roll, stretch and poke.

I can begin to use one handed tools.

I can use small loose parts during play.

Health and self- care

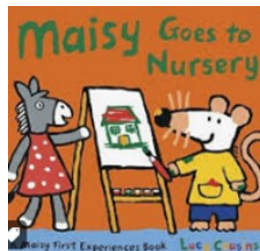
I can begin to wash hands and pull up sleeves with some adult support.

I can begin showing an interest in dressing and undressing self.

I can begin to let an adult know when their nappy is dirty.

Autumn 1- Medium Term Plan

All about me and my Family



Listening, Attention, and Understanding

I can gain an understanding of the rhythm of the day.

I can begin to follow and understanding basic one step instructions "Get your coat".

I can begin to listen to simple short stories with pictures.

I can begin to focus and attend for a few minutes.

Speaking

I can begin to point to objects or makes gestures when wanting something.

I can begin to put together 2 or 3 words.

I can begin to join in with actions of nursery rhymes.

Self-Regulation

I can begin to gain an awareness of the behaviour expectations.

I can begin to understand that there are times that they will need to wait for a turn.

I can begin to understand that needs/wishes may not be responded to immediately.

I can begin to share the physical space with other children.

I can begin to gain an awareness of own behaviour towards others.

Managing Self

I can begin to be more exposed to words 'happy', 'sad'.

I can hear feel words daily and begin to understand what they mean.

I can begin to begin to learn about feelings through stories and play.

I can begin to gain an awareness that **some** things are non-negotiable.

I can begin to express emotions and to know adults will respond positively and comforted.

Building Relationships

I can separate from main carer and respond positively to new adults.

I can begin to develop rituals/rhythms with adults, settling into an area of play.

I can begin to settle with images of family.

I can begin to join in with circle time games, hearing children's names, pass the object to.

I can begin to feel comforted, safe and secure with new adults.

I can begin to show an interest in other children's play.

Comprehension

I can enjoy songs and rhymes tuning in and paying attention.

I can say some words in songs and rhymes.

I can begin to pay attention and respond to the pictures or the words of a book.

Writing

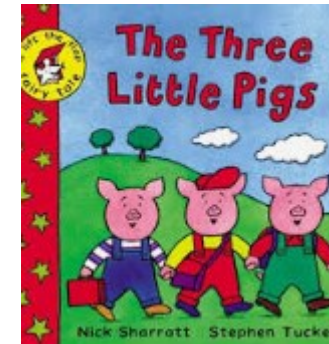
I can use brushes and rollers with paint in water.

I can explore and access mark making opportunities with support.

I can make sensory mark making in, sand, salt, flour.

I can use hands, feet, fingers, twigs, brushes conkers. I can make marks during nature walk using sticks and leaves in the wet mud.

Traditional/ alternative tales



The Three Little Pigs

Rhymes and poems

Teddy bear, Teddy bear
Head shoulders, knees and toes
Pat a cake

Maths- Number, Shape and Measure

I can build with a range of resources.

I can climb and squeeze into different types of spaces.

Key vocabulary

Family, home, parents, siblings (brother and sister), love, neighbour, school, doctor, park, shop

Understanding the world

I can explore treasure baskets for repeated exploration.

I can explore materials with different properties indoors and outdoors.

I can operate a mechanical toy with adult modelling

Creating with Materials

I can use playdough equipment (cutters, rolling pins.)

I can use a range of found materials, such as: blocks, clay, soft wood, off cuts of fabric with different textures

I can explore different sized brushes /tools

I can explore marks on different surfaces.

I can use hands, feet, fingers to paint.

I can use a range of natural resources to paint and create print.

Being Imaginative and Expressive

I can begin to learn familiar nursery and join in with the actions, hum.

I can explore instruments and matching sound makers. I can engage in open-ended resources to enhance children's imaginative play.

Experiences and Enrichment

Parents to come and talk about their families

Santa Grotto

Cooking

Seasons, Celebrations and other religions

Autumn

Autumn Harvest

Book fair

World mental health day